



From the Administrator,

Welcome to the newsletter for the Fifteenth of September. You will find contributions from **Dave Siegfried, Nick Schweitzer, Christine Meiners, SP Against Hunger, UU Multiracial Unity Council, and UU Women's Connection.** I think you will find them interesting. Please let me know if I can be of assistance. My Park Hall hours are Tuesday and Friday mornings from 9:00 a.m. to 1:00 p.m., and by appointment. Park Hall Voicemail: 608.643.3131 **Fritz**

Upcoming Sunday Programs (10:10 a.m.)

Date	Program	Speaker	Topic
Sept 20	Free Thought Forum	Daniel Tokarczyk	Communication with the Hard of Hearing
Sept 27	U.U. Program	Robin Proud	Eunice Newton Foote - Greenhouse Effect
Oct 4	Spiritual Roundtable	All present	Artificial Intelligence

We invite you to attend our in-person Sunday programs at our beautiful Park Hall. We have masks available. Childcare is provided each Sunday. Our Sunday programs are also available live on Zoom (see last page info).

Free Thought Forum, September 20, Daniel Tokarczyk

This program will convene in Park Hall and on Zoom. Our guest speaker will be hearing specialist **Daniel Tokarczyk.** Daniel's topic is **Communicating with the Hard of Hearing.** The program begins at **10:10 a.m.** with brief announcements. Discussion and questions follow the presentation. We usually adjourn after 11:20 a.m. Childcare is provided. Please join us.

U.U. Women's Connection, 2 events

Tea & Talk, Saturday, September 19

A virtual talk on Zoom, an opportunity to check in with your sisters and catch up in small groups via Breakout Spaces. Join the Zoom Meeting: <https://us02web.zoom.us/j/84407764862>. Meeting ID: 844 0776 4862

Fall Retreat, October 16-18

The Fall Retreat will be at the Cedar Valley Retreat Center, near West Bend, Wisconsin. The theme will be Transitions, with the goal of helping people make the most of their finite lives thru discussion of death. For fee and accommodation information and to register: [Women's Connection Retreats](#).

What I Believe Now

The Adult Ed discussion group, **What I Believe Now**, will meet **on Zoom** as usual on the fourth **Monday, September 28, at 6:30 p.m.** The topic will be: **Consciousness**. Please email **Nick Schweitzer**, jnschweitzer@gmail.com, if you'd like to receive a meeting invitation and list of questions in preparation for the gathering.

Mindfulness Session with Diane Matzke,

Wednesday, September 30, 6:30 p.m. in the hall. Public invited, free.

Board of Directors Meeting

The **Board** of the Free Congregation will meet on **October 11, at Park Hall at 11:30 a.m.** If you have an issue for us to address, please email Dave Siegfried, President of the Board at [Dave Siegfried](#) so that it may be added to the agenda.

Making Racism Wrong, Again, October 17

The **U.U. Multiracial Unity Action Council** will sponsor a **Zoom** convocation. There will be 3 speakers to address the legal fight against racism, the political fight against racism, and the faithful individual's fight against racism. Questions and comments will follow. **Saturday, October 17, 11:00 a.m. Central Time, until 1:00 p.m.** To register, send an email to UUMUAC@gmail.com. Zoom codes will be sent the day before the event.

SP Against Hunger Pack Event

Join 6:8 Sauk Prairie Against Hunger on **October 29-31**, for the Pack Event, where nutritious food meals are packaged to be distributed around the world to children in need of life-saving food. Donate or sign up at MakingServicePersonal.org.

Facilities Coordinator Report

September 13, 2026

PAST/ONGOING EVENTS

Bi-Monthly - Wednesdays- Mindfulness sessions - led by Diane Matzke- 6:30-7:30 pm

Aug 2nd - Celebration of Life - Michael Whaley (2 - 5pm)

Aug 11 - Tuesday, 4H- Youth Development Education - Youth Day Camp event teaching children about habitats. (originally scheduled for Marian Park but they need a back-up rain location)

FUTURE SCHEDULED EVENTS

September 26, 2026 3:00pm - Non-member wedding ceremony with rehearsal - Outdoor ceremony with cocktail hour indoor following. Rehearsal the day before outdoor only.

September 21st - Nov 19th - SPTheatre Guild will be holding rehearsals Mondays - Thursdays for their November play **Miracle on 34th St.** The performances will be held at the River Arts Center.

Wednesday, October 7 – Monday, October 12, 2026 - WormFarm Institute: A Decomposium, using both Park Hall space and our Cemetery location

November 26, 2026- Member Family Thanksmas

December 12, 2026 Member Family Gathering

December 19, 2026 - Non-member Family Gathering

Please consider our venue for your weddings, meetings, and family events. Contact Facilities Coordinator Christine Meiners, freeconevents@gmail.com.

How to join our Zoom Sunday Programs.

1. Go to the Sunday Programs tab of our website:
<http://www.freecongregation.org/sunday-programs.aspx>
2. Refresh the browser page.
3. Click the “**Join Our Zoom Meeting**” link in RED TEXT.

The “**Join Our Zoom Meeting**” link will not be visible until 15 minutes before our meeting; typically this is 9:55 a.m. for a 10:10 a.m. meeting. Early birds will see the option to “**Join a Practice Zoom Meeting**”. Refreshing the page after 9:55 a.m. should reveal the active meeting link.

We publish twice a month to our website. We email announcements to our list as each issue appears online. If you no longer desire email reminders, feel free to tidy up our email list with an unsubscribe message. Keep our website bookmarked for future use.

FreeCongregation.org our website homepage

Other Useful Links:

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I welcome your submissions to this newsletter. Send your events, announcements, photos, and recipes to me at [Newsletter Submissions](#), or use the **Contact Us** form at bottom of the page.