



From the Administrator,

Welcome to the newsletter for the First of August. You will find contributions from **Gigi La Budde, Nick Schweitzer, David Couper, Phil Haslanger, the Pathway Home, UU Women's Connection, and Dave Siegfried**. I think you will find them interesting. Please let me know if I can be of assistance. My Park Hall hours are Tuesday and Friday mornings from 9:00 a.m. to 1:00 p.m., and by appointment. Park Hall Voicemail: 608.643.3131 **Fritz Parks**

Upcoming Sunday Programs (10:10 a.m.)

Date	Program	Speaker	Topic
Aug 2	Spiritual Roundtable	All attending	State Sponsored Violence
Aug 9	U.U. Program	Mary Sue Reutebuch	The Story: ancient Operating System
Aug 16	Free Thought Forum	David Couper	Sanctity of Life: A Necessary Review

We invite you to attend our in-person Sunday programs at our beautiful Park Hall. We have masks available. Childcare is provided each Sunday. Our Sunday programs are also available live on Zoom (see last page info).

Celebration of Life for Michael Whaley August 2, 2 p.m., Park Hall

Please join us to share memories of Michael and spend time together. There will be cold drinks, food from **Red Barn Catering**, and live music from **Doug Brown and friends**. Children are welcome; please leave your dogs at home. We will gather inside Park Hall for stories and memories, and then spend the rest of the afternoon outside, weather permitting. [Click for Michael's obituary](#). Please assist the preparation for this event by clicking [RSVP yes, regrets, or maybe](#).

What I Believe Now

The Adult Ed discussion group, **What I Believe Now**, will meet **on Zoom** as usual on the fourth **Monday, August 24, at 6:30 p.m.**. The topic will be: **Consciousness**. Please email **Nick Schweitzer**, jnschweitzer@gmail.com, if you'd like to receive a meeting invitation and list of questions in preparation for the gathering.

Free Thought Forum with David Couper - August 16



Please join us for our August **Free Thought Forum** with guest speaker **David Couper**. His presentation is titled **the Sanctity of Life: a Necessary Review**. While many know David as Madison's former Police Chief, his journey has been vast and varied. Following three decades in law enforcement, he answered a call to ordained ministry in the Episcopal Church, serving two Wisconsin parishes over the last thirty years.

From his roots as a Marine and his advocacy with "Veterans for Peace" to his vibrant pursuit of new passions—like mastering the harmonica and taking up archery in his 80s—David's lifelong commitment to peace, justice, and curiosity embodies the "free-thinking" spirit we cherish. Please join us for a morning of warm conversation and shared insight.

You may join us at **Park Hall, 307 Polk St.** in Sauk City or on **Zoom** (link on the last page). We will start at **10:10 a.m.**

Resources from Phil Haslanger - July 19 Free Thought Forum

"Someone asked if I could send you the info on the resources I mentioned, so here they are with links. Sometimes the actions are simply going places where you might encounter people different than you and see if relationships might grow out of that. Here are a couple of ideas in Madison. You may know of others around this area. So much fun today. Glad I had a chance to do this." Phil

Every **Thursday** afternoon from **4 to 6 until October, Centro Hispano** in Madison puts on a [Mercadito](#)— a market with food, crafts, games, music. It is a great place to absorb a bit of the culture of the home countries of so many Spanish-speaking people who now live in the Madison area.

If you want to learn more about issues around race, explore the [Black History for a New Day](#) course put on by the **Nehemiah Project** in Madison. It is offered both in-person and online. Watch for events at the new [Center for Black Excellence and Culture](#) in Madison.

And there are resources you can tap into that help you get to know people across cultures, find events that are coming up. There's [UMOJA Magazine](#), [CapitalCityHues](#), and [Madison365](#).

Sing along: [Resistance Revival Chorus](#)

[Equal Justice Initiative - the Legacy Museum](#), Sculpture Garden, and Lynching memorial.





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OF SOUTH CENTRAL WISCONSIN

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OUR 2ND ANNUAL



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Fun for All Ages!

Food & Beverages

Local Bands

RAFFLE &



RHYTHM

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AUGUST 9TH
11AM - 6PM

FOR MORE INFO: 



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Lake Delton Branch
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Board of Directors Meeting

The **Board** of the Free Congregation will meet on **Sunday, August 9, at Park Hall at 11:30 a.m.** If you have an issue for us to an address, please email Dave Siegfried, President of the Board at [Dave Siegfried](#) so that it may be added to the agenda.

UU Women's Connection Summer Retreat, August 14-16

A weekend retreat at **Ronora Lodge and Retreat Center**, in **Watervliet, Michigan**.

Information at [This Link](#). [Register at this link](#). Cut off date is August 10. Home page [UU Women's Connection](#)

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How to join our Sunday Zoom Programs.

1. Go to the Sunday Programs tab of our website:
<http://www.freecongregation.org/sunday-programs.aspx>
2. Refresh the browser page.
3. Click the “**Join Our Zoom Meeting**” link in RED TEXT.

The “**Join Our Zoom Meeting**” link will not be visible until 15 minutes before our meeting; typically this is 9:55 a.m. for a 10:10 a.m. meeting. Early birds will see the option to “**Join a Practice Zoom Meeting**”. Refreshing the page after 9:55 a.m. should reveal the active meeting link.

We publish twice a month to our website. We email announcements to our list as each issue appears online. If you no longer desire email reminders, feel free to tidy up our email list with an unsubscribe message. Keep our website bookmarked for future use.

FreeCongregation.org our website homepage

Other Useful Links:

[Unsubscribe to Newsletter List](#) use the form below newsletter links.

[Sign up for Newsletter List](#) use the form below newsletter links.

I welcome your submissions to this newsletter. Send your events, announcements, photos, and recipes to me at [Newsletter Submissions](#), or use the **Contact Us** form at bottom of the page.