



## From the Administrator,

Welcome to the newsletter for the First of March. You will find contributions from **Nick Schweitzer**, **Susie Tatone**, **Ellen Paul**, **Glen Johnson**, and **Diane Matzke**. I think you will find them interesting. Please let me know if I can be of assistance. My Park Hall hours are Tuesday and Friday mornings from 9:00 a.m. to 1:00 p.m., and by appointment. Park Hall Voicemail: 608.643.3131 **Fritz Parks**

### Upcoming Sunday Programs (10:10 a.m.)

Date	Program	Speaker	Topic
Mar 2	Spiritual Roundtable	All attending	Original Sin, Human Nature
Mar 9	U.U. Program	Penny Andrews	Essentials of Living Systems
Mar 16	Free Thought Forum	Ann Calhoun	Nature Conservancy

We invite you to attend our in-person Sunday programs at our beautiful Park Hall. We have masks available. Childcare is provided each Sunday; Child Education classes meet on the 2nd and 4th Sundays.

Our Sunday programs are also available live on Zoom.

The **Board of Directors** of the Free Congregation will meet on **March 9 at Park Hall at 11:30 a.m.** If you have an issue for us to an address, please email Susie Tatone, President of the Board at [statone01@gmail.com](mailto:statone01@gmail.com) so that it may be added to the agenda. The meeting will also be on Zoom.

Glen Johnson, asks our members to make a special effort to join us after the **March 16** meeting for a **potluck** to kick off our **2025-2026 Annual Pledge Drive**. This event is for members and any folks interested in Free Congregation membership. Glen will make a short presentation outlining where we've been, where we are, and where we're headed. Members will receive a pledge form and an informational graphic in the mail prior to the potluck. Knowing your pledge intentions is critical for formulating the budget for the next fiscal year and makes the job of the Stewardship Committee so much easier. Thanks, and see you on the 16th.

Potluck suggested dishes for **March 16**, by last name.

S-Z entree dishes

L-R salads

A-K desserts

The board is now forming an **Inventory Committee** tasked with documenting our treasures and collecting the stories behind them. If you are interested in being a part of this project please contact **Susie Tatone** at [statone01@gmail.com](mailto:statone01@gmail.com) or by phone (608) 370-3692.

**Ellen Paul** is trying to locate items purchased for the Celebration of the Season event. If you stored them at Park Hall, let Ellen know their location. Or return these items to Park Hall so they are available for future celebrations. We will keep them in the storage closet downstairs under the stairs. Thank you from Ellen!

Celebration of the Season "real" tree ornaments.

Squirrel, pine cone and other "nature-themed" ornaments ( approximately 15-20),

other gold colored traditional style ornaments,

3 fake 'pearl' garlands, and

other assorted ornaments.

Our March **Free Thought Forum** will take place **Sunday, March 16**, starting at **10:10 a.m.** **Ann Calhoun** from the Nature Conservancy-Baraboo Hills will speak.

The Adult Ed discussion group, **What I Believe Now**, will meet **on Zoom** as usual on the fourth **Monday, March 24**, at **6:30 p.m.** Please email **Nick Schweitzer** [jnschweitzer@gmail.com](mailto:jnschweitzer@gmail.com), you'd like to receive a meeting invitation and list of questions in preparation for the gathering.

From **Diane Matzke** about weekly mindfulness teachings, **Wednesdays at 6:30 p.m.:**

We will be meeting all 4 Wednesdays in March. Our last Wednesday will be dedicated to the practice of RAIN. RAIN is a practice used to help process our feelings. When we gather we collectively do meditation, have conversation and create connection. Quite frequently we help each other realize we are not alone in our worries and concerns.

**How to join our Zoom Sunday Programs.**

1. Go to the Sunday Programs tab of our website:  
<http://www.freecongregation.org/sunday-programs.aspx>
2. Refresh the browser page.
3. Click the “**Join Our Zoom Meeting**” link in RED TEXT.

The “**Join Our Zoom Meeting**” link will not be visible until 15 minutes before our meeting; typically this is 9:55 a.m. for a 10:10 a.m. meeting. Early birds will see the option to “**Join a Practice Zoom Meeting**”. Refreshing the page after 9:55 a.m. should reveal the active meeting link.

We publish twice a month to our website. We email announcements to our list as each issue appears online. If you no longer desire email reminders, feel free to tidy up our email list with an unsubscribe message. Keep our website bookmarked for future use.

[FreeCongregation.org](http://FreeCongregation.org) our website homepage

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I welcome your submissions to this newsletter. Send your events, announcements, photos, and recipes to me. [Newsletter Submissions](#) use the Contact Us form at bottom.