



### **From the Administrator,**

Welcome to the newsletter for the First of October. You will find contributions from **Susie Tatone, Jenni Walsh, Nick Schweitzer, Eleanor Chiquoine, SC History, UUA, SP Connections Lectures,** and the **Wormfarm Institute.** I hope you will find them interesting. Please let me know if I can be of assistance. My Park Hall hours are Tuesday and Friday mornings from 9:00 a.m. to 1:00 p.m., and by appointment. Park Hall Voicemail: 608.643.3131

### **Fritz Parks**

#### **Upcoming Sunday Programs (10:10 a.m.)**

<b>Date</b>	<b>Program</b>	<b>Speaker</b>	<b>Topic</b>
Oct 6	Spiritual Roundtable	All attending	Biblical Portrayal of Women
Oct 13	U.U. Program	David Butler	Trauma
Oct 20	Founders Day	Representatives Madison & Clancy	Socialism in Milwaukee

We invite you to attend our in-person Sunday programs at our newly restored Park Hall. We have masks available. Childcare is provided each Sunday; Child Education classes meet on the 2nd and 4th Sundays. Our Sunday programs are also available live on Zoom.

### **Newsletter for Members, Friends and Community**

The **Board of Directors** of the Free Congregation will meet on **October 13 at Park Hall at 11:30 a.m.** If you have an issue for us to an address, please email Susie Tatone, President of the Board at [statone01@gmail.com](mailto:statone01@gmail.com) so that it may be added to the agenda. The meeting will also be on Zoom.

Sauk County will celebrate the sixth annual **Indigenous Peoples' Day** on **October 14** in **downtown Baraboo** with a variety of activities. **Beginning at 1:00 p.m.** on the courthouse lawn, Ho-Chunk cuisine will be sampled. At **2:00 p.m.**, Ho-Chunk singers and dancers will perform on the Square. **Discover Wisconsin** will show eleven short documentaries in a loop at the **Al Ringling Theatre** from **1:00 p.m. to 4:00 p.m.** At **4:00 p.m.**, the **dedication and unveiling ceremony** for a new interpretive panel on the Square will begin. The new panel tells the story of the Ho-Chunk removal period from 1840-1874. Finally, at **7:00 p.m.**, a special showing of the new documentary film **Bad River** will be held at the Al Ringling Theatre.

Join us for our **Founders Day Program and Potluck** on **October 20, at 10:10 a.m., in Park Hall and on Zoom.** State representatives **Darrin Madison & Ryan Clancy** will be the guest speakers; the topic will be **Socialism in Milwaukee.** Celebrated since 1853, this will be our 172nd Stiftungsfest - Founders Day. Watch for potluck assignments in the October 15 Newsletter.

The Adult Ed discussion group, **What I Believe Now**, will meet **on Zoom** as usual on the fourth **Monday, October 28**, at **6:30 p.m.** Please email **Jenni Walsh**, [walshjenni77@gmail.com](mailto:walshjenni77@gmail.com), if you'd like to receive the questions, quotations, and zoom invitation..

**Mindfulness Meditation Teachings** continue in the hall, each **Wednesday, 6:30-7:30 p.m.**, with **Diane Matzke**. All are welcome. Free will donations accepted.

### **Celebration of the Season - Save the Date**

The Free Congregation will present a non-commercial **Celebration of the Season** on **December 21**. Plan to stop by and spend time at Park Hall between **11 a.m. and 9 p.m.** that day for food, activities, music, and presentations representing many different ethnic groups, ideally to include German, Swiss, Hispanic, Scandinavian, Irish, Scottish, and Native American, ending with polka music in the hall.

**Sauk Prairie Connections** is a combined lecture series from the **Badger History Group** and the **Sauk Prairie Conservation Alliance**. These FREE talks begin at **6:30 p.m.** and will be held at **Concordia United Methodist Church**, 585 5th St, Prairie du Sac (enter on Galena St), and on Zoom ([Zoom Sign Up](#)). The next two lectures will be **October 10: *Modernization of Badger after the Vietnam War*** and **November 14: *An evening with Operation Fresh Start***.

The **Unitarian Universalist Association's 2024 Fall Election Mobilization** will convene on **November 2 & 3** in [Milwaukee](#). We are also invited to several **Virtual Phone-bank** opportunities. Click the several links for more information.

TODAY - [October 1](#) with Texas UU Justice Ministry  
[October 8](#) with UU Justice North Carolina  
[October 15](#) with UU Justice Pennsylvania  
[October 22](#) with Texas UU Justice Ministry  
[October 29](#) with Michigan UU Social Justice Network

We publish twice a month to our website. We email announcements to our list as each issue appears online. If you no longer desire email reminders, feel free to tidy up our email list with an unsubscribe message. Keep our website bookmarked for future use.

[FreeCongregation.org](http://FreeCongregation.org) our website homepage

Other Useful Links:

[Unsubscribe to Newsletter List](#) use the form below newsletter links.

[Sign up for Newsletter List](#) use the form below newsletter links.

I welcome your submissions to this newsletter. Send your events, announcements, photos, and recipes to me. [Newsletter Submissions](#) use the Contact Us form at bottom.





Above: Lynne Roberts, Robert Johnson, Dave Siegfried, Gil Williams, Judy Ettenhofer

Here are photos from our picnic outing to Devil's Lake State Park on September 29, thanks to Eleanor Chiquoine.

Below: Alice & Chelsey Larson, Chuck Park, Susie Tatone, Dave Siegfried, Jenni Walsh



Left: Jenni Walsh, Steve Chiquoine



Right: Eleanor Chiquoine, Chuck Park, Judy Ettenhofer





Park Hall & the Wormfarm Institute to host a mezcal food tasting.



## Farm/Art DTour to Rural Mexico

### Celebrating Rural Diversity

Don't miss a special three-course food pairing and mezcal tasting **6:30 to 8:30 p.m., Friday, October 11**, presented by **Wormfarm Institute!** **El Tigre Mezcal**, a cultural initiative, will share the traditional knowledge of the process of artisanal mezcal production at **Patricio Garcia's** family chivita (mezcal factory) in Guerrero, Mexico, paired with three fresh interpretations of classic Mexican cuisine by **Chef Ursulino Rueda** of El Gusto Historico in Mexico City. Each course will be made with local Wisconsin ingredients, including nixtamalized corn tortillas from **Tortilleria Zepeda**, and served with a "copita" of traditional mezcal that represents the ancestral wisdom of the communities that cultivate the agave plant.

Collaborators will invite participants to discover the tradition of mezcal from the lower mountains of the state of Guerrero, and blend local Wisconsin flavor with Mexican culinary knowledge, drawing parallels and divergences between rural identities in Mexico and the United States. Participants will gain a fuller understanding of the origins of this unique spirit, and the reverence and agricultural values that elevate it beyond a mere beverage, to a social symbol of celebration, medicine, and cultural memory.

The event will take place at Freethinkers Hall in Sauk City, WI. Tickets are \$125 and space is limited, so [register today!](#)

This event is organized in conjunction with the Farm/Art DTour (October 5-14), a free self-guided 50-mile excursion through Sauk County's scenic farmland, punctuated by site-responsive artworks, pasture performances, roadside poetry, local markets, and more.



Deepening in Community ... Building Resilience and Connection

Using a group process called the Spiral, on the first Saturdays of October, November and December, we'll come together virtually to have a morning cup and conversation. Based on the work of Joanna Macy, we will share what is happening in our lives in a way that has been proven to build resilience.

Zoom link: <https://us02web.zoom.us/j/85804029923>

DATES:

Saturday, October 5<sup>th</sup>  
9:30~11:00

Saturday, November 2<sup>nd</sup>  
9:30~11:00

Saturday, December 7<sup>th</sup>  
9:30~11:00

Questions or to RSVP, email  
Penny @ [mingei@frontier.com](mailto:mingei@frontier.com)



Join us virtually for Coffee & Connecting ---

Zoom link: <https://us02web.zoom.us/j/85804029923>

Email Penny Andrews, Associate Presenter & Work That Reconnects Facilitator with questions and to RSVP at [mingei@frontier.com](mailto:mingei@frontier.com)

Penny Andrews sends additional information about the **Deepening Community member support group**.

In these challenging times, we often feel the need for spaces where we can nurture resilience, foster deep connections, and support one another in meaningful ways. To this end, you are invited to experience a Work That Reconnects Spiral Group.

The **Work That Reconnects** (WTR) is a powerful framework developed by **Joanna Macy**, rooted in ecological, social, and personal transformation. Through its practices, we move through a spiral of four stages: Gratitude, Honoring Our Pain, Seeing with New Eyes, and Going Forth. This process helps us build emotional and spiritual resilience, empowering us to face personal and global challenges while deepening our connections to one another.

Whether you are new to the **Work That Reconnects** or have experienced it before, we welcome you to this virtual circle of renewal. I hope you'll join us in this meaningful work of resilience. connection. and renewal.

Please Sign-up for Greeters During the Farm/Art Detour

Once again, Park Hall has been asked to be an "offshoot" on the Farm/Art DTour October 5-14, 2024. They have improved the advertising for the offshoots and with us hosting the mezcral event, I think we will be much more visible on the DTour map. Please consider being a Greeter at the Hall and to take folks on a tour and to answer questions. Info will be provided on highlights of the Hall and the congregation to visitors.

The Farm/Art DTour draws people from all over Wisconsin and surrounding states. It's an awesome time to get folks into the Hall and to let people who we are and what we stand for! Here are the open slots as of October 1 greeters: Please let Ellen know if you can fill in empty spots by emailing her at eap313@gmail.com or calling or texting 608-963-8451 asap. Thanks!

Tuesday, October 8

1-3: open

Wednesday, October 9

11-1: open

1-3: open

Thursday, October 10

1-3: open

Friday, October 11

11-2: open

Saturday, October 12

11-2: open

2-5: open

Sunday, October 13

11-2: open

2-5: open

## UU Women's Connection Fall Retreat

OCTOBER 18-20, 2024  
at Cedar Valley  
near West Bend, WI

Keynote speaker is the amazing  
Amy Gonzalez-Nelsen!  
[braverybrigade.com](http://braverybrigade.com)



Connection has been holding this Fall Retreat for decades! Join us for a spiritual retreat at a new location this year, Cedar Valley Retreat Center near West Bend, Wisconsin. We hear the food is fabulous and when the Council women visited, it seemed like a cozy and comfortable space.

*UU Women's Connection welcomes all those who identify as women.*



August, 2025 SUMMER RETREAT  
Ronora Lodge in SW Michigan



### UU Women's Connection

REGISTER NOW at [uuwomensconnection.org](http://uuwomensconnection.org)

