



From the Administrator,

Welcome to the newsletter for the Fifteenth of October. You will find contributions from **Susie Tatone, Jenni Walsh, Ellen Paul, Sauk Prairie Healthcare, and Sauk Prairie Connections.** I think you will find them interesting. Please let me know if I can be of assistance. My Park Hall hours are Tuesday and Friday mornings from 9:00 a.m. to 1:00 p.m., and by appointment. Park Hall Voicemail: 608.643.3131 **Fritz Parks**

Upcoming Sunday Programs (10:10 a.m.)

Date	Program	Speaker	Topic
Oct 20	Founders Day	Reps Ryan Clancy & Darrin Madison	Socialism in Milwaukee
Oct 27	U.U. Program	Pema Antoniotti	Joy!
Nov 3	Spiritual Roundtable	All attending	Day of the Dead

We invite you to attend our in-person Sunday programs at our newly restored Park Hall. We have masks available. Childcare is provided each Sunday; Child Education classes meet on the 2nd and 4th Sundays. Our Sunday programs are also available live on Zoom.

The **Board of Directors** of the Free Congregation will meet on **November 10, at Park Hall, at 11:30 a.m.** If you have an issue for us to an address, please email Susie Tatone, President of the Board at statone01@gmail.com so that it may be added to the agenda. The meeting will also be on Zoom.

Our **172nd Founders Day Holiday Program** will take place this **Sunday, October 20, at 10:10 a.m.**, in Park Hall and on Zoom. As we have done since 1853, our **Stiftungsfest (Founders Day) Program** will feature a guest speaker and will be followed by a potluck dinner. This year, **State Representatives Ryan Clancy & Darrin Madison** will present a program on Socialism in Milwaukee. A potluck dinner will follow the program downstairs in our Community Room.

We are looking ahead to the **Founders Day Potluck on October 20.** We will trust the choice of potluck entree, salad, or dessert dishes to our members, who are great cooks. The public is invited, come as you are, bring your appetite. We will need (as always) several members to **prepare the dining hall for the potluck** and to **clean up afterwards.** If available, please arrive at 9:30 a.m., let Ellen know: (608) 963-8451.

The Adult Ed discussion group, **What I Believe Now**, will meet **on Zoom** as usual on the fourth **Monday, October 28**, from **6:30 to 8:00 p.m.** This month's topic will be **Ideas of & Relationship to God & Other Supernatural Forces or Persons**, as researched by Lynne Roberts. Please email **Jenni Walsh**, walshjenni77@gmail.com, if you'd like to receive discussion questions, quotations, and a Zoom invitation to the meeting.

Thanks to those who served as greeters for the **Farm/Art DTour: Chelsey, Joe and Tasha, Susie, Kathi, Eleanor**. Several of our members volunteered for more than one shift, up to 9 hours. Despite this generosity, we were unable to staff all the shifts scheduled. We were closed on Wednesday, the 19th, Sunday, the 13th from 4-5 and Monday, the 13th.

Free Medication Take Back Day, sponsored by Sauk Prairie Healthcare. **Saturday, October 26, 2024, 9:00 a.m. to Noon**. NEW LOCATION: **SP Police Department, 640 13th St., Prairie du Sac**. For instructions on packing medications, click the red link: [Med Take Back Instructions](#).

Diane Matzke leads **Mindfulness Meditation Teachings** in the hall, each **Wednesday, 6:30-7:30 p.m.** All welcome. Free will donations accepted.

The congregation needs a **pianist to substitute for Marita** during her winter in Texas. The musician plays each 2nd and 4th Sunday and is paid \$100 per Sunday. Please call or email Fritz to hear more about this position. 608.643.3131, [Fritz, Administrator](#).

At the October 13th Board meeting, the **congregation approved \$500 for Hurricane Helene relief**. This donation is on its way to the Unitarian Universalist Association **Disaster Relief Fund**. Individuals may additionally donate to the fund at this link: [Donation Information](#)..

The Member Support Group will meet **Saturday, November 2, from 9:30 a.m. to 11:00 a.m. on Zoom**. **Penny Andrews** will lead a group process called Spiral, for **Deepening of Community and Building Resilience & Connection**. The October session has been postponed until **November 2** and will only be held if there are enough interested participants. A final session is planned for **December 7**. Questions & RSVP to Penny Andrews, mingei@frontier.com. The Zoom link will be: <https://us02web.zoom.us/j/85804029923>.

Sauk Prairie Connections is a combined lecture series from the **Badger History Group** and the **Sauk Prairie Conservation Alliance**. These FREE talks begin at **6:30 p.m.** and will be held at **Concordia United Methodist Church**, 585 5th St, Prairie du Sac (enter on Galena St), and on Zoom ([Zoom Sign Up](#)). The next two lectures will be **October 10: Modernization of Badger after the Vietnam War** and **November 14: An evening with Operation Fresh Start**.



The Wormfarm Institute’s Farm/Art DTour Mezcal Dinner was held at our Hall on October 11. Approximately 40 people attended this dinner with food prepared by chefs from Mexico City. Attendees learned about the very time-intensive process of making mezcal and enjoyed a three-course meal created by the chefs.

How to join our Zoom Sunday Programs.

1. Go to the Sunday Programs tab of our website:
<http://www.freecongregation.org/sunday-programs.aspx>
2. Refresh the browser page.
3. Click the “**Join Our Zoom Meeting**” link in RED TEXT.

The “**Join Our Zoom Meeting**” link will not be visible until 15 minutes before our meeting; typically this is 9:55 a.m. for a 10:10 a.m. meeting. Early birds will see the option to “**Join a Practice Zoom Meeting**”. Refreshing the page after 9:55 a.m. should reveal the active meeting link.

We publish twice a month to our website. We email announcements to our list as each issue appears online. If you no longer desire email reminders, feel free to tidy up our email list with an unsubscribe message. Keep our website bookmarked for future use.

[FreeCongregation.org](http://www.freecongregation.org) our website homepage

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I welcome your submissions to this newsletter. Send your events, announcements, photos, and recipes to me. [Newsletter Submissions](#) use the Contact Us form at bottom.