A Little About Us,

This congregation began as the Freie Gemeinde (The Free Congregation) in 1852. Its founders — most of whom came to the United States from the German states and principalities after the failed liberal revolutions of the 1840s — were seeking freedom to practice their beliefs, express their thoughts, and search for the truth without interference from government and church. Park Hall, still known locally as Freethinkers Hall, was constructed in 1884, designed by Sauk City born architect Alfred Clas.

Of the many Free Congregations established in America by free-thinking German immigrants in the 19th century, most did not survive the First World War and the pervasive anti-German prejudice that accompanied it. Only a dozen or so Free Congregations survived World War II. In 1955, faced with declining numbers and an aging membership, our congregation affiliated with the American Unitarian Association, a movement for liberal religious thought and practice. In 1961 the Unitarian Association and the Universalist Denomination merged, and we took on the name that we bear today: The Free Congregation of Sauk County—a Unitarian Universalist Fellowship.

Our values and the diversity of our heritage are reflected in the programs and services that we hold at Park Hall. The 2nd and 4th Sunday programs generally follow a UU order of service. These include reflections by our speaker, a visiting UU minister, or other guest. The first Sunday of the month we hold a roundtable Spiritual Reflection Hour on a variety of topics. The Third Sunday is our Free Thought Forum, in which a guest presenter engages an historical, cultural, philosophical, or social issue of special significance to this free religious community. Child care is provided every Sunday.

Upcoming Sunday Programs

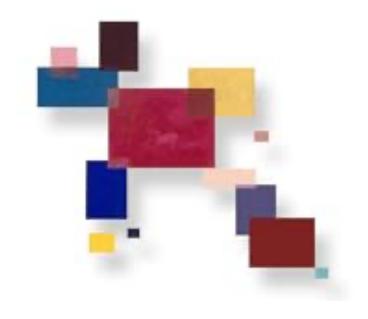
Date	Program	Speaker	Topic
June 29	5th Sunday Outing	All attending	Indian Hills Park
July 6	Spiritual Roundtable	All attending	A Good Death
July 13	U.U. Program	Robin Proud	Matilda Joslyn Gage



We are proud to support our LGBTQ members and friends.

The Free Congregation of Sauk County A Unitarian Universalist Fellowship June 22, 2025

Internal Family Systems Richard Schwartz: "No Bad Parts"



David Butler Associate Speaker of the FCSC

307 Polk Street Sauk City, WI 53583 608-643-3131 www. free congregation.org

Internal Family Systems

Richard Schwartz: "No Bad Parts"

Gathering: Prelude in C major, J.S. Bach	Marita Kelter	Reading from No Bad Parts, Richard Schwartz	David
		Reflection: Internal Family Systems	
Welcome	David Butler	Dialogue Co	ongregation
Story for All Ages: I'm Afraid, Said the Leaf, Danielle	e Daniel David	Closing Hymn: #108 My Life Flows On In Endless Song	Marita
2 10 2 J 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2		Reading from The Unsettling of America, Wendell Berry	David
Announcements	Fritz Parks	Postlude: Celebracion, Eugene Rocherolle	Marita
		Announcements and Events	
Lighting of the Candle, reading: The Guest House , by	Rumi	Fifth Sunday Outing, June 29, to Indian Hills Counmeet at 10:10 a.m at the parking lot next to the skinside the Hwy 19 entrance. Bring lunch & lawn Contact Dave Siegfried: davewsiegfried@gmail.	helter chair.
Prelude: Almost a Blues, Elena Kats-Chernin	Marita	The Board will meet on Sunday , July 8 , at 11:30 a.m Hall and on Zoom. Send your ideas for the agend Siegfried, davewsiegfried@gmail.com.	
Opening Hymn: #100 I've Got Peace Like a River	Marita	Mindfulness Teaching, Wednesdays, July 9 & July 2 p.m. taught by Diane Matzke. All welcome, free offering accepted.	•
Joys and Concerns	David	To keep up with the dates and topics of upcoming programs, and news and other content, you have several options: Our newsletter is published on the 1st and 15th of every month available on our website. Please send your contact informati administrator to receive issue announcements.	and is
Offering: Reminiscence, Eugene Rocherolle	Marita	Our Facebook page: http://www.facebook.com/FCSC2017/ Our website: www.freecongregation.org.	